



# Crispy Vegetable Nuggets

WEIGHT PER UNIT APPROX. 17 G



## Packaging

ART.-NO.	8830
PER CARTON	5 x 1.000 g (Bag)
CARTONS PER PAL./LAYER	99/9
EAN INDIV. PACKAGE	4006934 883005
EAN OUTER PACKAGE	4006934 883012
MDD	18 months



## Nutrition

<b>ENERGY</b>	923 kJ / 221 kcal	<b>CARBOHYDRATE</b>	25,0 g
<b>FAT</b>	11,0 g	<b>OF WHICH SUGARS</b>	3,9 g
<b>OF WHICH SATURATES</b>	2,4 g	<b>PROTEIN</b>	4,8 g
		<b>SALT</b>	1,3 g



## Preparation

### FRYING PAN

Fry the frozen product with some oil at medium heat approx. 5-6 minutes on each side until crispy. Turn over several times.

### DEEP-FAT-FRYER

Deep-fry frozen product at a fat temperature of 175 °C for 3 minutes.

### STEAMER OVEN

Preheat steamer oven (hot air) to 190 °C. Bake the frozen product on a standard gastro tray for about 10-12 minutes.

### OVEN (TOP/BOTTOM HEAT)

Preheat oven (top and bottom heat) to 200 °C. Bake the frozen product on a baking tray with baking paper for about 18-20 minutes.

### INFO

Made from a variety of delicious vegetables like corn, carrots, parsnips, peas, romanesco, onions and broccoli. The small Vegetable Nuggets are enveloped in a crispy breading of cornflakes.

### INGREDIENTS

Vegetables 52 % (corn, carrots, parsnips, peas, romanesco, onions, broccoli), potato puree (water, potato flakes), BREADCRUMBS (WHEAT FLOUR, water, yeast, salt), rapeseed oil, cornflakes (corn, salt, BARLEY MALT EXTRACT), WHOLE MILK POWDER, modified starch, CHEESE POWDER, sea salt, starch, sugar, spices, sunflower oil.

### Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring
- Vegetarian