Crispy Vegetable Nuggets

WEIGHT PER UNIT 17 G

Packaging

ART.-NO.	8830
PER CARTON	5 x 1.0 kg (Bag)
CARTONS PER PAL./LAYER	99/9
EAN INDIV. PACKAGE	4006934 883005
EAN OUTER PACKAGE	4006934 883012
MDD	18 months

Nutrition

ENERGY	959 kJ / 229 kcal	DIETARY FIBRE	2,5
FAT	12,0 g	PROTEIN	5,1 g
OF WHICH SATURATES	2,5 g	SALT	1,09 g
CARBOHYDRATE	24 g		
OF WHICH SUGARS	4,6 g		

INFO

Made from a variety of delicious vegetables like corn, carrots, parsnips, peas, turnips, onions and broccoli. The small Vegetable Nuggets are enveloped in a crispy breading of cornflakes.

INGREDIENTS

Vegetables 47 % (corn, carrots, parsnips, peas, turnips, onions, broccoli), potato puree (water, potato flakes), breadcrumbs (WHEAT FLOUR, yeast, salt), rapeseed oil, cornflakes (corn), WHOLE MILK POWDER, modified starch, CHEESE POWDER [MILK], sea salt, potato starch, sugar, spices.

Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring
- Vegetarian

Preparation

FRYING PAN

Fry the frozen product with some oil at medium heat approx. 5-6 minutes on each side until crispy. Turn over several times.

DEEP-FAT-FRYER

Deep-fry frozen product at a fat temperature of 175 °C for 4 minutes.

STEAMER OVEN

(recommended preparation) Preheat steamer oven (hot air) to 190 °C. Bake the frozen product on a standard gastro tray for about 10-12 minutes.

Bake the frozen product at 180 °C for approx. 7 minutes. Fill the frying basket no more than half full. After half the time, shake the basket.

OVEN (TOP/BOTTOM HEAT)

Preheat oven (top and bottom heat) to 200 °C. Bake the frozen product on a baking tray with baking paper for about 18-20 minutes.

Arita NATÜRLICH VEGGIE