Vegetable-Sticks

WEIGHT PER UNIT 40 G

Packaging

ART.-NO.	8786
PER CARTON	5 x 1,0 kg (Bag)
CARTONS PER PAL./LAYER	99/9
EAN INDIV. PACKAGE	4006934 878605
EAN OUTER PACKAGE	4006934 878612
MDD	18 months

Nutrition

ENERGY	764 kJ / 183 kcal	**DIETARY FIBRE**	3,8 g
FAT	8,3 g	**PROTEIN**	5,1 g
OF WHICH SATURATES	1,0 g	**SALT**	0,96 g
CARBOHYDRATE	20 g		
OF WHICH SUGARS	3,5 g		

Preparation

FRYING PAN
Fry the frozen product with some oil at medium heat for 7-9 minutes. Turn over several times.

DEEP-FAT-FRYER
Deep-fry the frozen product at fat temperature of 175 °C for 3-4 minutes.

OVEN (CIRCULATING AIR)
Preheat oven to 210 °C. Distribute frozen product on parchment paper spread across the oven rack and bake approx. 13 minutes. Turn once after approx. 6 minutes.

Bake the frozen product at 200 °C for approx. 8 minutes. Fill the frying basket no more than half full.

STEAMER OVEN
(recommended preparation) Preheat steamer oven (hot air) to 200 °C. Bake frozen product for approx. 9 minutes on a gastro tray.

INFO
Vegetarian sticks made of several delicious vegetables and fine spices. Covered by a golden-yellow breading. Pre-fried.

INGREDIENTS
Vegetables 46 % (carrots, parsnips, peas, kohlrabi, corn, onions), mashed potatoes (drinking water, potato flakes), breadcrumbs (WHEAT FLOUR, water, salt, yeast), rapeseed oil, drinking water, WHEAT FLOUR, GOUDA CHEESE 2%, starch (corn, peas, potato), CHICKEN EGG PROTEIN POWDER, thickening agents locust bean gum and xanthan, sea salt, CHICKEN WHOLE EGG POWDER, WHEAT GLUTEN, chives, spices, sugar.

Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring