

Broccoli and Almond Pancakes

WEIGHT PER UNIT APPROX. 60 G



Packaging

ART.-NO.	8628
PER CARTON	6 x 20 Pieces (Bag)
CARTONS PER PAL./LAYER	72/9
EAN INDIV. PACKAGE	4006934 862802
EAN OUTER PACKAGE	4006934 862819
MDD	18 months



Nutrition

ENERGY	548 kJ / 130 kcal	CARBOHYDRATE	17 g
FAT	4,2 g	OF WHICH SUGARS	1,3 g
OF WHICH SATURATES	1,8 g	PROTEIN	4,3 g
		SALT	1,4 g



Preparation

FRYING PAN

Fry the frozen product with some oil at medium heat for about 4-5 minutes or until crispy. Turn over several times.

DEEP-FAT-FRYER

Deep-fry the frozen product at a fat temperature of 175 °C for 3-4 minutes.

STEAMER OVEN

Preheat steamer oven (hot air) to 190 °C. Bake the frozen product on a standard gastro tray for about 8-10 minutes.

OVEN (TOP/BOTTOM HEAT)

Preheat oven (top and bottom heat) to 200 °C. Bake the frozen product on a baking tray with baking paper for about 14-16 minutes.



INFO

Crispy vegetable pancakes, made of quality potatoes and crunchy broccoli, refined with almonds. Pre-fried in unhydrogenated, 100 % vegetable oil.

INGREDIENTS

Potatoes 50 %, broccoli 25 %, palm oil, onions, potato starch, ALMONDS 3 %, rice flour, WHOLE EGG POWDER, table salt, spices, WHEAT FLOUR, sugar.

Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring
- lactose-free
- Vegetarian