Vegetable Rösti

WEIGHT PER UNIT 75 G

Packaging

ART.-NO.	8122	8123
PER CARTON	2 x 2.5 kg (Bag)	5 x 1,2 kg (Bag)
CARTONS PER PAL./LAYER	99/9	81/9
EAN INDIV. PACKAGE	4006934 812203	4006934 812104
EAN OUTER PACKAGE	4006934 812210	4006934 812319
MDD	18 months	18 months

Nutrition

ENERGY	512 kJ / 122 kcal	**DIETARY FIBRE**	3,1
FAT	3,2 g	**PROTEIN**	3,8 g
OF WHICH SATURATES	1,4 g	**SALT**	0,97 g
CARBOHYDRATE	17,9 g		
OF WHICH SUGARS	2,8 g		

INFO

Made from fresh quality potatoes and crunchy vegetables like carrots, courgettes, romanesco and bell pepper, our Vegetable Röstis are crispy pre-fried on cast iron pans.

INGREDIENTS

Potatoes 55 %, vegetables 27 % (carrots, zucchini, romanesco, bell pepper, onions), palm oil, CHICKEN WHOLE EGG POWDER, starch (corn, potatoes), DURUM WHEAT SEMOLINA, modified corn starch, spices, table salt, WHEAT GLUTEN, thickening agent xanthan, antioxidant ascorbic acid, sugar.

Contents

- No hardened fats
- No preservatives
- No artificial colouring
- No natural colouring
- lactose-free
- Vegetarian

Preparation

STEAMER OVEN

(recommended preparation) Preheat steamer oven (hot air) to 190 °C. Bake the frozen product on a standard gastro tray for about 8-10 minutes.

DEEP-FAT-FRYER

Deep-fry the frozen product at a fat temperature of 175 °C for about 3-4 minutes.

FRYING PAN

Fry the frozen product with some oil at a medium heat for about 5 minutes until it is crunchy. Turn over several times.

Bake the frozen product at a fat temperature of 180 °C for about 10 minutes. Recommended quantity: 4 pieces.

Avita NATÜRLICH VEGGIE